

Yo San University of Traditional Chinese Medicine COVID-19 Safety Policy

Updated January 12, 2022



All students, faculty and staff are strongly encouraged to familiarize themselves with the following YSU policies related to COVID-19 safety and public health measures.

Face Mask Requirements On Campus

Face masks are mandatory on campus at all times.

In accordance with LA County Department of Public Health (LACDPH) guidelines, the following types of face masks are considered appropriate from a public health perspective, and are recommended for use on campus:

- Disposable medical procedure or surgical face masks
- KN95 masks; look for KN95 masks that meet requirements similar to those set by CDC's National Institute for Occupational Safety and Health (NIOSH) for respirators
- Cloth / fabric face masks that fits snugly against your nose and chin with no large gaps around the sides of the face, and has two or more layers of tightly woven fabric or filter
<http://publichealth.lacounty.gov/acd/ncorona2019/masks/#kindofmask>

Bandanas and scarves are not acceptable on campus (unless you wear an aforementioned mask underneath).

YSU COVID-19 Exposure Policy

Based on current CDC and LA County Department of Public Health (LACDPH) guidelines, YSU adopts the following policies for student/faculty/staff who has had exposure to COVID-19:

General Guidelines

[CA Public Health Guidelines on COVID-19 Isolation & Quarantine \(12.30.2021\)](#)

[CDC Guidelines on COVID-19 Isolation & Quarantine \(01.04.2022\)](#)

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Are unvaccinated*

OR

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

- Stay home for at least 5 days, after your last contact with a person who has COVID-19.
- Test on day 5.
- Quarantine can end after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.
- Wear a well-fitting mask around others for the entire 10-day duration of your quarantine period.
- If symptoms develop, test and stay home.
- If testing is positive, follow isolation recommendations below.

** Includes persons previously infected with SARS-CoV-2, including within the last 90 days.

If you:

Completed the primary series of Pfizer or Moderna or J&J vaccine, and are boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a well-fitting mask around others for 10 days, especially in indoor settings.
- Test for COVID-19 on day 5.
- If you develop symptoms, get tested immediately and stay home.
- If testing is positive, follow isolation recommendations below.

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status, previous infection or lack of symptoms:

- Stay home for at least 5 days.
- Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.
- Wear a well-fitting mask around others for the entire 10-day duration of your isolation period.

YSU Policy on COVID-19 Testing & Vaccination for Healthcare Workers

The State of California and the County of Los Angeles Public Health have both issued Public Health Orders requiring all healthcare workers in the state/county to show proof of COVID-19 vaccination or be tested on a weekly basis. In the interest of slowing the spread of COVID-19 and ensuring the safety of our campus community, Yo San University has established the following policies in compliance with pertinent state and county mandates.

Beginning August 30, 2021, Yo San University (YSU) will require all students, faculty and staff in the following healthcare settings to be fully vaccinated against COVID-19:

- A. Yo San University Blount Community Clinic
- B. Participation in YSU-affiliated clinical externship and clinical outreach programs

This policy applies to the following Yo San University students, faculty and staff:

1. Clinic front office and administrative staff
2. Clinic herbalists
3. Clinical faculty, including clinical supervisors and clinical teaching assistants
4. Clinical Fellows, Practitioners & Senior Practitioners
5. Clinical Interns in the DAOM program
6. Clinical Interns in the MATCM programs
7. Clinical Observation students in the MATCM program

All YSU student, faculty and staff in the aforementioned healthcare settings will be required to have their first dose of a one-dose vaccination, or their second of a two-dose vaccine regimen by September 30, 2021.

Unvaccinated or incompletely vaccinated student, faculty and staff are required to undergo COVID-19 diagnostic screening tests at least once a week; results of these diagnostic screening tests must be submitted to the University on a weekly basis.

For more details on the policy, including acceptable proof of vaccination, request for vaccination exemption based on medical reasons, disability or religious beliefs, acceptable forms of diagnostic screening tests, documentation and reporting procedures, as well as additional resources, please refer to the full policy document on our website:

For Students: [YSU Vaccination Policy for Clinic Students \(2021\)](#)

For Staff/Faculty: [YSU Vaccination Policy for Clinic Staff / Faculty \(2021\)](#)

YSU COVID 19 Travel Policy

Based on current CDC and LACDPH guidelines, the following travel policy applies to all YSU students, faculty and staff:

1. Everyone Arriving to California Should Test Within 3–5 Days After Arrival

All travelers arriving or returning to California from other states or countries should test 3–5 days after arrival. This applies to everyone, regardless of vaccination status.

2. Follow CDC Travel Guidance

In addition, all travelers arriving or returning to California from other states should also follow CDC travel guidance on domestic travel.

If you're traveling internationally, follow CDC testing guidelines for international travel before and after your return to the US.

[CDC Guidelines on International Travel \(2021.12.30\)](#)

[CDC Guidance on Domestic Travel \(2021.12.21\)](#)

3. Delay Travel Until You're Fully Vaccinated

Stay informed of CDC Destination Travel Alerts that will warn you about high transmission rates in an area.

4. If You Are NOT Vaccinated, But Choose to Travel, Test Before and After Your Travel

If you are not vaccinated, but choose to travel domestically, test 1–3 days before and 3–5 days after travel. Even if you test negative, stay home and self-quarantine for a full 7 days after travel.

If you don't get tested, you will need to stay home and self-quarantine for 10 days after returning to the Los Angeles area.

5. If you test positive or develop symptoms

All travelers who test positive or develop symptoms of COVID-19 should isolate and follow current public health recommendations. (See above section on Isolation procedure for testing positive for COVID-19)