



## **Yo San University of Traditional Chinese Medicine COVID-19 Safety Policy**

*Revised 10/13/2021*

All students, faculty and staff are strongly encouraged to familiarize themselves with the following YSU policies related to COVID-19 safety and public health measures.

### **Face Mask Requirements On Campus**

Face masks are mandatory on campus at all times.

In accordance with LA County Department of Public Health (LACDPH) guidelines, the following types of face masks are considered appropriate from a public health perspective, and are recommended for use on campus:

- Disposable medical procedure or surgical face masks
- KN95 masks; look for KN95 masks that meet requirements similar to those set by CDC's National Institute for Occupational Safety and Health (NIOSH) for respirators
- Cloth / fabric face masks that fits snugly against your nose and chin with no large gaps around the sides of the face, and has two or more layers of tightly woven fabric or filter  
<http://publichealth.lacounty.gov/acd/ncorona2019/masks/#kindofmask>

Bandanas and scarves are not acceptable on campus (unless you wear an aforementioned mask underneath).

### **YSU COVID-19 Exposure Policy**

Based on CDC and LA County Department of Public Health (LACDPH) guidelines, YSU adopts the following policies for student/faculty/staff who has had exposure to COVID-19:

## **General Guidelines**

You are required to self-quarantine for 10 days after your last contact with the infected person. You may return to campus on Day 11 if you did not develop any symptoms of COVID-19 during this period, and continue to monitor for symptoms of COVID-19 from Day 11 through Day 14, and adhere to face mask, social distancing and other public health measures.

## **Options to Shorten Quarantine Time**

The CDC recognizes options for shortening the length of quarantine based on certain conditions. Your self-quarantine period may be shortened to 7 days, and you may return to campus on Day 8 if you meet the following criteria:

- You have no symptoms of COVID-19 during this 7-day period, **AND**
- You have a negative test result for COVID-19 (test must occur on Day 5 or later)

## **If You Develop COVID-19 Symptoms**

If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider, and arrange for a test for COVID-19.

If you test positive for COVID-19, you must follow the Los Angeles County “Public Health Emergency Isolation Order” on instructions for home isolation for people with COVID-19 infection. More information on these instructions can be found on the LACDPH website at: [http://www.publichealth.lacounty.gov/media/Coronavirus/docs/HOO/HOO\\_Coronavirus\\_Blanket\\_Isolation.pdf](http://www.publichealth.lacounty.gov/media/Coronavirus/docs/HOO/HOO_Coronavirus_Blanket_Isolation.pdf)

If you test negative for COVID-19, you must continue your self-quarantine and stay home until at least 24 hours after your fever has subsided without using fever reducing medications.

If you do not get tested for COVID-19, you must self-quarantine for at least 10 days from when your symptoms first started, and until at least 24 hours after your fever has subsided without using fever reducing medications.

## **If You Are Fully Vaccinated\***

If you are fully vaccinated\* and come into close contact with someone with COVID-19, you are not required to quarantine if you have had no symptoms of COVID-19 since your contact with the infected person. Fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and continue to wear a mask indoors in public.

\*Fully Vaccinated is defined as having completed your final dose of an approved COVID-19 vaccine, currently Pfizer, Moderna and Johnson & Johnson/Janssen vaccines, for a period of no less than 14 days (2 weeks).

Even if you do not need to quarantine, it is important that you wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19.

## **YSU COVID 19 Travel Policy**

Based on current CDC and LACDPH guidelines, the following travel policy applies to all YSU students, faculty and staff:

### **International Travel**

1. The CDC strongly discourages international travel for unvaccinated people at this time.
2. If you are vaccinated and were not at risk of exposure while traveling, and are asymptomatic of any flu virus, including COVID-19, and you have tested negative for COVID-19 1-3 days prior to AND 3-5 days after the date of your return to CA, you are not required to self-quarantine on your arrival back in CA. Continue to monitor for COVID-19 symptoms and follow all state and local recommendations or requirements after travel.
3. If you are not vaccinated and were not at risk of exposure while traveling, and are asymptomatic of any flu virus, including COVID-19, and you have tested negative for COVID-19 1-3 days prior to AND 3-5 days after the date of your return to CA, you are required to self-quarantine for 7 days on your arrival back in CA. You may return to campus on Day 8 after your date of arrival in CA. If you do not get tested upon arrival back in CA, you must quarantine for 10 days, returning on the day 11. Continue to monitor for COVID-19 symptoms and avoid being around people who are at increased risk for severe illness for 14 days. Follow all state and local recommendations or requirements after travel.

### **Domestic Travel**

1. The CDC discourages domestic travel for unvaccinated people at this time.
2. If you are vaccinated and were not at risk of exposure while traveling, and are asymptomatic of any flu virus, including COVID-19, you are not required to get tested or self-quarantine on your arrival back in CA. Continue to monitor for COVID-19 symptoms and follow all state and local recommendations or requirements after travel.
3. If you are not vaccinated and were not at risk of exposure while traveling, and are asymptomatic of any flu virus, including COVID-19, and you have tested negative for COVID-19 1-3 days prior to AND 3-5 days after the date of your return to CA, you are required to self-quarantine for 7 days on your arrival back in CA. You may return to campus on Day 8 after your date of arrival in CA. If you do not get tested upon arrival back in CA, you must quarantine for 10 days, returning on the day 11. Continue to monitor for COVID-19 symptoms and avoid being around people who are at increased risk for severe illness for 14 days. Follow all state and local recommendations or requirements after travel.

We strongly encourage all students, faculty, and staff to get vaccinated against COVID-19.