



# YO SAN UNIVERSITY OF TRADITIONAL CHINESE MEDICINE

## 2021 Outreach Programs

### YO SAN UNIVERSITY BLOUNT COMMUNITY CLINIC

Los Angeles, CA

Now in our 32nd year, we serve the greater Los Angeles Area by providing quality low-cost acupuncture and Traditional Chinese Medicine (TCM) services to the local community. Open seven days a week, the Yo San Clinic offers comprehensive and customized care for a wide variety of ailments, using acupuncture, Chinese herbal medicine and other TCM modalities. In addition, we offer four specialty clinics to serve the community: Women's Health and Reproductive Medicine, Healthy Aging & Longevity, Orthopedics & Pain, and Addiction Recovery. Most of our clinic patients come from the local community and might not have access to the health and wellness benefits of Chinese medicine if treatments were not subsidized. Additionally, senior citizens, students, and veterans receive substantial discounts on clinical services at the Clinic. The Blount Community Clinic won the Best Acupuncture Clinic on the Westside award, presented by the local Argonaut Weekly, four consecutive years from 2015 to 2018.

Yo San University (YSU) is a non-profit 510(c)(3) organization with a mission to educate exceptional practitioners of TCM, as well as provide the local community with integrative health care and services.

### VENICE FAMILY CLINIC; SIMMS/MANN HEALTH & WELLNESS CENTER

Santa Monica, CA

A non-profit, multi-disciplinary medical clinic serving low-income residents in the Los Angeles area, it is the largest free clinic in the country. We have provided free acupuncture treatments at Venice Family Clinic on a weekly basis since 1999, allowing patients from low-income families to benefit from acupuncture. In 2005, at the invitation of the Venice Family Clinic, we expanded our services and began participating in the multi-disciplinary Integrative Chronic Pain Management program at the Simms/Mann Health and Wellness Center.

### BEING ALIVE LOS ANGELES WELLNESS CENTER

West Hollywood, CA

A non-profit organization serving people living with HIV/AIDS, it offers clients emotional support, treatment education, prevention, advocacy, wellness and social services. Since 1998, Being Alive and Yo San University have collaborated in a program that focuses on the use of acupuncture / TCM to maintain general wellness for HIV/AIDS patients. Clinicians and interns from Yo San University provide free acupuncture treatments on site in West Hollywood on a weekly basis.

### WISE & HEALTHY AGING

Santa Monica, CA

A nonprofit, social services organization with a mission to enhance the independence, dignity and quality of life of older adults through leadership, advocacy and innovative services. The Day Services Center, located in the heart of downtown Santa Monica, provides care and training to older adults with physical or cognitive impairments. Since 2012, the YSU clinical team offers free acupuncture / TCM treatments to the Day Center members and their caretakers aimed at optimizing their health and wellness.

### THE WELLNESS CENTER @ LAC+USC HISTORIC GENERAL HOSPITAL

Los Angeles, CA

The Wellness Center, located in the low-income Los Angeles neighborhood of Boyle Heights, inspires and empowers residents to take control of their own health and wellbeing by providing culturally sensitive wellness and prevention services and resources that enable prevention, address the root cause of disease and improve health outcomes. The YSU acupuncture team provides weekly free acupuncture treatments at the center, as well as participates in the various public outreach and open-house events hosted by the Center.

| Community Outreach Partnership                              | Patient Treatments Provide Since The Year 2000* |
|---|---|
| Yo San University Blount Community Clinic                   | 354,420   |
| Being Alive Los Angeles                                     | 16,153  |
| The Wellness Center @ LAC+USC Historic General Hospital **  | 3,560   |
| Venice Family Clinic, Simms/Mann Health and Wellness Center | 22,920  |
| WISE and Healthy Aging ***                                  | 3,975   |
| <b>Total Treatments</b>                                     | <b>401,028</b>                                  |

\* As on December 31, 2020, and *excludes* past outreach programs/partners

\*\* Since 2016

\*\*\* Since 2012