

March 17, 2021

To All Students & Faculty:



UPDATED YSU CAMPUS PARTIAL REOPENING PROTOCOLS

As Los Angeles County enters a less restrictive tier on California's Blueprint for a Safer Economy, and the county has lifted some local activity-specific restrictions, we at Yo San University reviewed these developments, and updated on our protocols and policies related to COVID-19 public health and safety on campus in alignment with current public health mandates.

Please do keep in mind that Los Angeles County continues to experience substantial rates of COVID-19 transmission, and the danger COVID-19 poses to our community has not subsided. We urge all students and faculty to continue exercising caution even as certain restrictions are lifted and protocols revised.

WITH IMMEDIATE EFFECT

The following activities will be allowed on campus:

1. Resuming select physical procedures and modalities in the clinic. Diagnostic observation of the tongue, physical examination of patients, cupping and tuina are allowed to be performed by students/interns. We strongly advise that when indicated, these procedures be brisk, concise and kept to a minimum. Please be mindful of the continuing need to make allowance for time to properly clean your treatment room in between patients.

Face masks and appropriate physical distancing continue to be required at all times on campus and in the clinic.

We would like to take this opportunity to urge all clinical faculty and interns to be vaccinated against COVID-19. Please see the Registrar (Tora Flint) if you need an official document verifying your healthcare worker / clinical intern status.

2. Reopening of Library Services. The YSU Library will be opened for in-person use, subject to a capacity limit of no more than 8 students at any time. Library services will continue to operate by appointments.

3. Scheduled on-campus classes (Spring 2021). The various practical courses with in-person instruction on campus will continue as previously scheduled. These include the current Clinical Theater, Acupuncture Techniques I & II, Ear/Scalp Acupuncture, and Western Physical Assessment courses held in-person on campus.

4. **Academic Advising.** Appointments for in-person academic advising will be accepted with immediate effect. Please contact the Associate Dean (Farshid Namin) if you would like to schedule one. Remote academic advising via phone or zoom calls remains an option.

EFFECTIVE SUMMER TRIMESTER (MAY 2021)

In addition to the above mentioned, we will be scheduling more classes with significant practical components for in-person instruction on campus.

The following classes in the MATCM Program, if scheduled in the Summer trimester, will be fully on-campus beginning the first week of the Summer trimester:

- Clinical Theater
- Acupuncture Techniques I & II
- Auricular and Scalp Acupuncture
- Western Physical Assessment

The following courses in the MATCM Program, if scheduled in the Summer trimester, will be offered with hybrid instruction comprising both online as well as on-campus components:

- Introduction to Meridians
- Acupuncture Point Anatomy & Energetics I, II and III
- TCM Diagnosis I & II

Beginning in the Summer trimester, we will also be offering scheduled **Herb Lab** sessions in the Herbal Dispensary. Please note that you will need to schedule these herb lab sessions with the Clinic Manager (Shirley Kodama) in advance; no walk-in sessions are accepted. The Herb Lab sessions are 3-hours a week for a continuous 5-week period, beginning on Week 1, Week 6 and Week 11. Please contact Shirley or Farshid for more information.

For the DAOM program, courses in the Summer trimester will continue as previously scheduled, with select course modules offered in-person on campus. Please contact the DAOM Dean (Robert Hoffman) for details of the Summer trimester DAOM schedule.

POLICIES REMINDERS

All students and faculty are strongly encouraged to familiarize themselves with the following YSU policies related to COVID-19 safety and public health measures.

Face Mask Requirements On Campus (updated March 2021)

Face masks are mandatory on campus at all times.

In accordance with LA County Department of Public Health (LACDPH) guidelines, the following types of face masks are considered appropriate from a public health perspective, and are recommended for use on campus:

- Disposable medical procedure or surgical face masks
- KN95 masks; look for KN95 masks that meet requirements similar to those set by CDC's National Institute for Occupational Safety and Health (NIOSH) for respirators
- Cloth / fabric face masks that fits snugly against your nose and chin with no large gaps around the sides of the face, and has two or more layers of tightly woven fabric or filter

<http://publichealth.lacounty.gov/acd/ncorona2019/masks/#kindofmask>

Bandanas and scarves are not acceptable on campus (unless you wear an aforementioned mask underneath).

YSU COVID-19 Exposure Policy (updated March 2021)

Based on CDC and LA County Department of Public Health (LACDPH) guidelines, YSU adopts the following policies for student/faculty/staff who has had exposure to COVID-19:

General Guidelines

- You are required to self-quarantine for **10 days** after your last contact with the infected person. You may return to campus on Day 11 if you did not develop any symptoms of COVID-19 during this period, and continue to monitor for symptoms of COVID-19 from Day 11 through Day 14, and adhere to face mask, social distancing and other public health measures.

Options to Shorten Quarantine Time

The CDC recognizes options for shortening the length of quarantine based on certain conditions:

- Your self-quarantine period may be shortened to 7 days, and you may return to campus on Day 8 if you meet the following criteria:
 - 1) You have no symptoms of COVID-19 during this 7-day period, and
 - 2) You have a negative test result for COVID-19 (test must occur on Day 5 or later)

If You Develop COVID-19 Symptoms

If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider, and arrange for a test for COVID-19.

- If you **test positive for COVID-19**, you must follow the Los Angeles County “Public Health Emergency Isolation Order” on instructions for home isolation for people with COVID-19 infection. More information on these instructions can be found on the LACDPH website at: http://www.publichealth.lacounty.gov/media/Coronavirus/docs/HOO/HOO_Coronavirus_Blan ket_Isolation.pdf
- If you **test negative for COVID-19**, you must continue your self-quarantine and stay home until at least **24 hours after your fever has subsided** without using fever reducing medications.
- If you **do not get tested for COVID-19**, you must self-quarantine for **at least 10 days** from when your symptoms first started, and until at least 24 hours after your fever has subsided without using fever reducing medications.

If You Are Fully Vaccinated*

If you are fully vaccinated* and come into close contact with someone with COVID-19, you are not required to quarantine if you have had no symptoms of COVID-19 since your contact with the infected person.

**Fully Vaccinated is defined as having completed your final dose of an approved COVID-19 vaccine, currently Pfizer, Moderna and Johnson & Johnson/Janssen vaccines, for a period of no less than 14 days (2 weeks).*

Even if you do not need to quarantine, it is important that you wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19.

YSU COVID 19 Travel Policy (updated March 2021)

Based on current CDC and LACDPH guidelines, the following travel policy applies to all YSU students, faculty and staff:

1. For anyone traveling outside of the State of California (both domestic and international travel), a 14-day self-quarantine is required from the date of your arrival back in CA.
2. If you are **fully vaccinated** (defined as having completed your last dose, for a period of no less than 2 weeks) *prior to your date of departure*, were not at risk of exposure while traveling, and are asymptomatic of any flu virus, including COVID-19, you are required to **self-quarantine for 7 days** on your arrival back in CA. You may return to campus on Day 8 after your date of arrival in CA.
3. If you are **not vaccinated** and were not at risk of exposure while traveling, and are asymptomatic of any flu virus, including COVID-19, and you are **tested negative** for COVID-19 between **3 and 5 days after the date of your return** to CA, you are required to **self-quarantine for 7 days** on your arrival back in CA. You may return to campus on Day 8 after your date of arrival in CA.

Once again, we would like to strongly encourage all students, faculty and staff to be vaccinated against COVID-19 if you are eligible for vaccination at this time.

We will continue to monitor the situation closely, and update all students, faculty and staff when new developments take place.

Stay well and stay safe.

The YSU Administrative Team