After much planning, Daoshing Ni and his wife, Sum-Yee Wang embarked on a trip to Switzerland in late September, 2012. The trip was sponsored by Tao Chi Schulungszentrum, the largest Traditional Chinese Medicine University in Switzerland. Located in central Zurich, Tao Chi Schulungszentrum offers a 4 year program in Traditional Chinese Medicine. One of their key professors, James Skoien, is a long time friend of Yo San University. In fact, it was James who helped Yo San establish its first teaching clinic more than 20 years ago. This trip proved to be an important step towards creating a bridge between Yo San University and Tao Chi Schulungszentrum.

Before Daoshing's arrival, his article titled *The Treatment of Infertility with Traditional Chinese Medicine* was translated and published in *Zeitschrift Fur Traditionelle Chinesische Medizin* (Journal of TCM in German). Therefore, it was not surprising that almost 50 TCM practitioners attended the two-day intensive workshop on TCM Management of Infertility. The workshop was conducted in English with a German translator on the side. After two grueling days, participants left beaming with new found knowledge and the eagerness to practice what they learned at the workshop. One participant commented: “I thought I was very knowledgeable in treating infertility with TCM, now I know I have so much more to learn”. Many participants had expressed their desire to study more on the subject and they were delighted to find out that Yo San offers a Doctoral degree in Reproductive Medicine.

After two days of hard work, Daoshing and Sum-Yee took a sightseeing break. They boarded a train to Chur and Arosa, taking in the breathtaking view of the magnificent country side with endless green rolling hills, dotted with thousands of lazily roaming cattle. To say the view is picturesque is a vast understatement. They also took a boat ride in the vast Lake Luzern, enjoyed the scenic view along the shore and visited a couple of small quaint towns. Daoshing also spent...
an afternoon visiting one of the largest herbal dispensaries in Switzerland, operated by Dr. Noyer Aptotheke. It was an eye opening experience for Daoshing and he was especially impressed with the efficiency and precision in which herbal prescriptions were put together.

After spending five days in Zurich, Daoshing and Sum-Yee took a train to Geneva to visit Peter and Claire Cunneen. Peter Cunneen is one of the seven graduates from Yo San’s first graduating class in 1994. He and his wife, Claire, moved to Geneva four years ago and started an acupuncture practice called Chi River Institute. Peter practices Acupuncture and Chinese medicine while Claire, a certified Qi Gong instructor, teaches Tai Chi and Qi gong classes. Due to their careful planning, Dao consulted with 12 patients with fertility challenges and held a public talk on fertility health. In addition, Dao taught a day-long class on Crane Style Qi Gong to a group of 20 participants.

With all the work done, Daoshing and Sum-Yee spent three days in Paris visiting museums, gardens and many tourist attractions before heading back home. It was a very successful and enjoyable journey and Daoshing hopes to make more trips like this to promote Chinese Medicine around the world.

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YSU Launches a New Community Outreach Program at the Visions Adolescent Treatment Center

By Lawrence Lau, Dean of Academic & Clinical Affairs (MATCM)

In August of 2012, clinic interns from Yo San University embarked on an exciting and educationally enriching program to bring acupuncture and Traditional Chinese Medicine (TCM) to adolescents and young adults recovering from chemical dependency and substance abuse.

Visions Adolescent Treatment Center is a multi-disciplinary treatment and care center that provides comprehensive clinically-based treatment option for adolescents and young adults with chemical dependency and substance abuse related problems. The center’s multi-modal approach to treating complex issues relies on a team approach including family, teachers, community experts and clinicians. Visions’ Day School in Brentwood provides a safe learning environment to meet the individual needs of students who are unable to function in a mainstream environment due to mental health issues, emotional traumas, or addictive and behavioral problems.

Clinical interns from both YSU’s MATCM and DAOM programs, supervised by an experience licensed clinical faculty, provide weekly acupuncture & Traditional Chinese Medicine treatments on site at the Visions’ Day School to help these teens stay grounded and focused in their rehabilitative process. Treatments are also customized to address health issues specific to individual students. These acupuncture sessions take place on-site in a classroom that is ‘converted’ into a treatment area. Adopting a community acupuncture model, where treatments are more concise and patients do not disrobe, two to four treatments are conducted simultaneously in the room, creating a unique shared experience among the participants. This community acupuncture treatment model also provides YSU interns the opportunity and experience of providing acupuncture treatments in a group setting.

Our Work Began at WISE & Healthy Aging

By Lawrence Lau, Dean of Academic & Clinical Affairs (MATCM)

In Yo San University’s mission and continual commitment to provide the community with an integrative medical care model and services, the university has established a partnership with WISE & Healthy Aging in Santa Monica to provide acupuncture / Traditional Chinese Medicine (TCM) services to members and staff at WISE & Healthy Aging. The YSU clinical team comprising interns from the DAOM and MATCM programs offers members of the Day Center and their caregivers acupuncture and TCM treatments aimed at optimizing the health and wellness of these individuals. The acupuncture services began in July 2012, and by treating both the older adult member and their caregiver, a unique bond of shared experience between the participants is created. With Healthy Aging being one of the clinical specialties of the YSU DAOM program, the WISE & Healthy Aging externship also provides an excellent opportunity for our DAOM interns to pursue further clinical training and enhance their clinical skills in the specialties of Healthy Aging and Geriatric medicine.

WISE & Healthy Aging is a nonprofit, social services organization with a long tradition and deep roots in the west side of Los Angeles. The WISE & Healthy Aging Adult Day Services Center, located in the heart of downtown Santa Monica, provides appropriate care and training to older adults with physical or cognitive impairments, with a plan of care tailored to the needs of each client. The Center is the only state-designated Alzheimer’s Day Care Resource Center on the Westside of Los Angeles, and provides caregivers with the much needed support so that caregivers and families can take a well-deserved break knowing that their loved one is being cared for in a safe and stimulating environment.
In the summer of 2012, Yo San University was the recipient of a renewed grant from the William H. Hazen Foundation of New York. The grant provided funds for a scholarship for students in the Yo San University MATCM program. Ms. Alanna Flanagan-Boldt was the recipient of the 2012 William H. Hazen Foundation Scholarship. Ms. Flanagan was picked by the scholarship selection committee from a list of over a dozen applicants, and will receive a $4,000 cash award.

The late William H. Hazen was a graduate of Bowdoin College, where he later served as a trustee, and Harvard Law School. Mr. Hazen had a long and successful career in financial management, trust and estate planning. Yo San University is enthusiastically grateful for the resources and continued support provide by the William H. Hazen Foundation.

The article, Acupuncturist Practice Patterns in the Treatment of Fertility: The Use of the Stener-Victorin and Paulus Study Protocols, by Cindy Spiles, and Lawrence Ryan appeared in the Fall 2012 (Volume 61) issue of The American Acupuncturist. Cindy shared authorship with Larry Ryan, YSU President, who served as the Capstone Project Mentor for the research while Cindy was in the DAOM Program. Cindy, a mother of four children commuted from her home in Ventura, California for the DAOM Program weekend residency and clinical sessions. She even found time to participate in the optional China externship as well as the intensive IVF training offered by DAOM Professor, Paul Magarelli, M.D. in Colorado Springs. She attributes her success to the constant support of her husband and children. They are proud of their “Doctor Mom” who is also now published.

The Yo San University Doctoral program marked another milestone with the publication of an article in a peer reviewed journal authored by a DAOM graduate.

The annual Yo San University Alumni Dinner will be held on Thursday, November 8, 2012, 7 - 9 pm at the home of President Larry Ryan. This year’s event will feature a cooking demonstration by the staff of ChocolaTao. ChocolaTao is based in Santa Barbara, owned by our alumnus, Traver Boehm and his good friend chef Joel Chapman. Together, they created delicious chocolate bars infused with health promoting herbs. The demonstration will provide the opportunity for participants to earn one CE unit approved by the California Acupuncture Board and will explore the nutritional value of chocolate and ways that their products can be used in various recipes that are healthy and tasty. The dinner event will also include our student, Mercedes Dauphinais, whose sophisticated jazz vocal renditions will set the tone for a relaxed evening of learning, networking and socializing.