Born and raised in a small town in Eastern Pennsylvania, Lois Green had a passion for healthcare and education from an early age. In fact, her first job while in high school was working front office and admissions work at her local hospital. Lois then headed to the University of Pittsburgh with an eye on teaching world cultures; she left as a Phi Beta Kappa graduate who found that medical anthropology offered a unique opportunity to bring healthcare and education together. After working in a consumer-focused health planning organization, Lois decided to return to graduate school and earned a Master of Health Services Administration degree from the University of Michigan. Her career path led her to a senior directorship at the Hospital Association of Pennsylvania and, in the mid-1980’s, a move to California to join one of the first multi-hospital systems in the country. As a corporate vice president, she was involved in strategic planning, management research, and program development, as well as the system’s merger to become UniHealth, a leading organization at the time. Next, Lois took an executive leadership position at the Motion Picture & Television Fund, a health system serving the entertainment industry.

While she progressed her healthcare career, education remained woven into Lois’ path. Shortly after arriving in LA, she began teaching strategic planning and marketing as a UCLA School of Public Health adjunct. She crossed town in 2000 to work at USC’s Price School of Public Policy as a consultant, affiliated researcher, administrator and clinical professor. At USC she gained extensive educational leadership experience in the School’s health policy and management degree programs, student and faculty affairs, curriculum development, and expansion of both alumni and professional community engagement. While working with USC, Lois also spearheaded the creation and successful launch of the Executive Master of Health Administration degree program. As a healthcare consultant and researcher, she’s earned significant competitive grant funding, published, and will maintain a USC research affiliation. She has also taught at UC, Irvine and UC, San Francisco.

What led Lois to Yo San University? She is a long-standing advocate for the integration of Western and Traditional Chinese medicines, stimulated perhaps by her early love of medical anthropology and reflected throughout her entwined healthcare and educational career. With growing acceptance of TCM and the nation’s move towards more truly integrated health, Lois sees Yo San University as a “hidden jewel.” “We are strong educationally, rich in tradition, and poised for the future,” she says. “Yo San University deserves to shine more brightly and inspire others, not only in the greater Los Angeles area, but throughout California and even nationwide. It would be a privilege to help guide the University to even greater heights.”

On a more personal level, Lois is an avid traveler and reader who enjoys gardening, great food, and her friends and family. She has been married to Don Lee, L.Ac. for 14 years and together, they have five fur children.
Gala Reception Culminates Presidential Transition

Wednesday, May 21, 2014 was a blue ribbon day for Yo San University as the community held a gala reception to bid farewell to retiring President, Dr. Lawrence Ryan and to welcome incoming President, Lois Green. More than one hundred members of the Yo San University student body, faculty and staff joined members of the University’s Board of Trustees in the Qi Studio for the late afternoon event.

After informal networking and delicious refreshments, Yo San University Co-Founder and Chair of the Board of Trustees, Dr. Mao Shing Ni, officially introduced Lois Green as the new President of Yo San University. In his welcoming words, Dr. Mao highlighted Lois’ extensive background in educational leadership, research and fund raising, detailing her most recent service at the University of Southern California. He added that among Lois’ numerous community connections is her service as a board officer of WISE and Healthy Aging in Santa Monica. Her spouse Don Lee, a licensed acupuncturist, is a Yo San faculty member and Healthy Aging doctoral program Co-Chair. In her comments Lois expressed appreciation to the Board for tapping her for the University’s top leadership position. The new President promised to work closely with all University constituents to advance the institution to the next levels of excellence. Board member and University Co-Founder, Dr. Daoshing Ni, shared words of appreciation for the five years of dedicated service completed by outgoing President, Dr. Larry Ryan, and asked him to share some final words. In his address, Larry recapped a number of impressive milestones spanning five years of collaborations with students, faculty, staff and board members. He also noted significant interactions with the University’s accreditors, expansion project workers, and fund raising event celebrities. Larry added that especially after these interactions he sought the solace and meditative atmosphere of the University’s library to restore his Qi. He thanked all for their consistent support and care for Yo San University. A unique sculpture gift was presented to Dr. Ryan by the Board of Trustees, and a memory and photo album was presented by Yo San University Student Association officers, Pei-Jen Chu and Alec Bridges. The group relocated to the third floor lobby area where the unveiling of the plaque indicating the dedication of the Lawrence J. Ryan, Ph.D. Learning Resource Center took place. The afternoon gala ended with abundant picture taking and greetings with both the former and new Presidents.

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Eat Cool to Be Cool
This Summer

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According to Chinese Medicine, summer is the time of Fire or Yang energy, which is associated with heat and expansion. When it’s hot, most people crave fresh, light and cool foods, and this is natural. As the temperature rises, the foods that nature abundantly provides have a cooling effect on the body. The good news is: cooling foods also help you stay slim and trim.

The first step in your summer plan is to drink plenty of water to dampen summer Fire. Foods that have high water content tend to be cooling. For example, you will enjoy high water content foods such as watermelon, cantaloupe, celery, cucumber, pear, grapes and tomato. Leafy greens such as lettuce, spinach and chard also have high-water content.

Foods that take the shortest time to grow and are light in nature tend to be more cooling. You will reap benefits from radishes, sprouts, summer squash, zucchini, cabbage, broccoli, and seaweed. Don’t forget these favorites: corn, potatoes, berries and snow peas. Also, steam or cook foods lightly to retain their cooling properties. Enjoy chilled soup by adding warming garlic and onions, and chill out with mint and/or chrysanthemum teas.

Eat Cool to Be Cool
This Summer

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DAOM Grad’s Capstone Dissertation Report Published

When Debbie Rodriguez graduated from the Yo San University DAOM Reproductive Medicine specialty program in April of 2013, she knew that the research work she had accomplished via her Capstone Dissertation was unique and significant. Her topic: “Forbidden Acupuncture Points During Pregnancy.” Comments generated at the Capstone Conference presentation session from one of the reviewing faculty members, Nurit Winkler, M.D., a reproductive endocrinologist, encouraged Debbie to seek publication for her seminal work. While continuing her busy San Diego area private practice, Debbie collaborated further with her Capstone mentor, Dr. Larry Ryan, to condense her dissertation document into a compact ten-page format that would make it amenable for publication. After considering a number of potential journals, the article was submitted to and accepted for publication in the peer-reviewed *Journal of Acupuncture and Tuina Sciences*. The article appears in Volume 12 (2014, No. 1) of that esteemed journal. With this accomplishment Dr. Debbie Rodriguez joins the contingent of other Yo San University DAOM program graduates who have achieved publication of the results of their dissertation efforts. Congratulations Dr. Rodriguez!

Trustees Launch YSU Strategic Planning Cycle

YSU’s Board of Trustees met June 29th to begin work on a new strategic plan for the University. The Bel-Air Bay Club proved an inspiring setting for the meeting, graciously hosted by Trustee Mary Flaherty. The six-month planning process will include far-ranging and thoughtful deliberations on a variety of issues critical to the University’s future. Among initial topics explored were effective governance and board development, and growing needs for technology resources for academic education and professional development.